

PILAR ZUERAS

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[Google Scholar Citations](#)

CURRENT AND PREVIOUS ACADEMIC POSITIONS

Jan 2019 - present	Researcher at the Centre d'Estudis Demogràfics
Jan 2019 - present	Technical coordinator of the Explorador Social project
Jan 2017- Dec 18	“Juan de la Cierva” research fellow at the Centre d'Estudis Demogràfics
Sep 2014 - Dec 2016	Post-doctoral researcher at the Centre d'Estudis Demogràfics
Aug 2009 - Jul 2013	PhD candidate in Demography with granted scholarship (FPU) at the Department of Geography, Universitat Autònoma de Barcelona

EDUCATION AND TRAINING

EDUCATION

- 2014 PhD in Demography, Universitat Autònoma de Barcelona.
 Dissertation: *Health, space and ways of life in old age*.
 Extraordinary Award. Thesis awarded by the Universitat Autònoma de Barcelona the best dissertation in Demography 2013/14.
 Supervisors Dr. Anna Cabré and Dr. Antonio D. Cámara.
- 2012 European Doctoral School of Demography. Max Planck Institute for Demographic Research - UAB - CED.
- 2012 MA European Master in Demography. UAB.
 MA thesis: *Age and cohort effects in parent-child coresidence among elderly adults in Catalonia*.
 Directed by Dr. Marc Ajenjo and Dr. Rocío Treviño.
- 2009 MA in Population and Territorial Studies - Demography. Geography Department UAB and CED.
 MA thesis: *Living arrangements of elderly people in Catalonia. Residential independence and health*.
 Directed by Dr. Marc Ajenjo.
- 2007 BA in Sociology. Universitat Autònoma de Barcelona.
- 1994 Teaching Ability Certificate (CAP). Universidad de Zaragoza.
- 1993 BA in Hispanic Philology. Universitat de Barcelona.

TRAINING

- 2016 COST Action IS1409 Training School: “Gender and health impacts of policies extending working life in western countries”. Université de Lausanne (Lausanne, Switzerland), Feb 7th- 10th.
- 2011 Pre-doctoral training at the Max Planck Institute for Demographic Research - Rostock (Germany), Sept - Oct.
- 2010 Pre-doctoral training at the Institut National d'Études Démographiques - Paris (France), Sept-Dec.

SKILLS

Language Skills: Spanish and Catalan bilingual, fluent in English and French

Computer Skills: Windows and Microsoft Office, Stata, SPSS, R

GRANTED SCHOLARSHIPS

- 2019 COST-ACTION Short Term Scientific Mission to visit Tine Buffel at the University of Manchester, within the CA15122 “Reducing Old-Age Social Exclusion: Collaborations in Research and Policy (ROSEnet)”. Supervisor: Tine Buffel. Project: Making communities inclusive to people of all ages. Age-friendly development in Spain compared to United Kingdom.
- 2018 “José Castillejo” Scholarship from the Spanish Ministry of Education Culture and Sports for postdoc research stay at the Population Research Centre, University of Groningen, The Netherlands. Supervisor: Clara Mulder. Project: Family composition and mortality: an approach through the Survey of Health Age and Retirement in Europe.
- 2017-2018 Post-doc Juan de la Cierva (Training) fellowship awarded by the Spanish Ministry of Science and Innovation (2 years).
- 2016 COST-ACTION Travel grant to participate in the COST Action IS1409 “Gender and health impacts of policies extending working life in western countries” in Lausanne, February 2016.
- 2009-2013 PhD Fellowship (FPU) awarded by the Spanish Ministry of Science and Innovation (4 years).
- 2010 Scholarship from the Spanish Ministry of Science and Innovation for a short research stay at the Institut National d'Etudes Démographiques, Paris. Supervisor: Patrick Festy. Project: Collaboration in the Census Project.

RESEARCH

KEYWORDS

Ageing, Health, Disability, Dependency, Older population, Living arrangements, Institutionalisation, Family, Elder care, Caregivers, Cohort analysis, Socio-Economic Status, Employment, Retirement.

R+D+I COMPETITIVE PROJECT LED

Gender equality and institutional support: requirements to recover fertility. Are we ready and willing? Center for Sociological Research in Spain (CIS). PI: Pilar Zueras. (Nov 2016-Jan 2017)

PARTICIPATION IN R+D+I FUNDED PROJECTS

Evaluation of the impact of social benefits on the relationship between work experience and mortality by cause in a cohort of social security affiliates in Spain 2004-2016 (WORKSS). Health Research and Development Strategy of Carlos III-Health Institute and MINECO (PI17/00220). PI: Fernando García Benavides. (Jan 2018 – Dec 2020)

Will future elderly have any relative available to care for them? A study based on a mixed micro-simulation/ABM model. Spanish Ministry of Economy and Competitiveness (CSO2017-89721-R) PIs: Daniel Devolder and Jeroen Spijker. (Jan 2018 - Dec 2020).

Socio-demography of the public pension system and of care of the dependent elderly population. Spanish Ministry of Economy and Competitiveness (CSO2016-77449-R) PIs: Pau Miret and Amand Blanes. (Jan2017 – Dec 2019).

Demographic analysis of the socioeconomic inequalities of health in Catalonia in the context of the latest economic crisis: gender, generation and territory. RecerCaixa. PI: Jeroen Spijker. (Feb 2016 - Feb 2018).

Spurs in the extension of working life: health, training and living arrangements. Spanish Ministry of Economy and Competitiveness (CSO2013-48042-R) PIs: Pau Miret and Amand Blanes. (Jan 2014 - Dec 2016).

With whom will I live and who will take care of me? Present and future determinants of co-residence and dependence of the old-age population. Spanish Ministry of Economy and Competitiveness (CSO2014-60113-R). PIs: Daniel Devolder and Jeroen Spijker. (Jan 2015 - Dec 2017).

The future of activity, health and dependence in Spain. A generational and approach from Demography. Spanish Ministry of Education and Science. (SEJ2006-002686/GEOG). PI: Dra. Anna Cabré. (Jan 2006 - Dec 2009).

PRIVATE CONTRACTS WITH GOVERNMENTS, INSTITUTIONS AND COMPANIES

Prototipus de l'aplicatiu "Social Explorer" funded by Fundació Bancària La Caixa. PI: Albert Esteve (2018).

Explorador Social funded by Fundació Bancària La Caixa. PI: Albert Esteve (2019).

Analysis of the fertility of the population of Catalonia based on the Demographic Survey of the IDESCAT (2007). Statistical Institute of Catalonia. PI: Daniel Devolder. (2010 Jan-Sep).

RESEARCH VISITING PERIODS

Manchester Institute for Collaborative Research on Ageing - University of Manchester (United Kingdom), 11-29 March 2019.

Population Research Centre - University of Groningen (Netherlands), 1 September - 30 November 2018.

Max Planck Institute for Demographic Research - Rostock (Germany), 1 September - 15 October 2011.

Institut National d'Études Démographiques - Paris (France), 13 September – 17 December 2010.

PUBLICATIONS

PEER-REVIEWED SCIENTIFIC JOURNAL ARTICLES

Esteve, A.; Reher, D.; Treviño, R.; **Zueras, P.**; Turu, A. (2020). "Living Alone over the Life Course: Cross-National Variations on an Emerging Issue", *Population and Development Review*. <https://doi.org/10.1111/padr.12311>

Domínguez-Rodríguez, A.; **Zueras, P.**; Miret, P. (2020) "The state retirement pension in Spain: a triple gender discrimination", *Revista Española de Investigaciones Sociológicas*, 170: 3-22.

Spijker, J.; **Zueras, P.** (2020) "Old-age care provision in Spain in the interplay between a new system of long-term care and a lingering economic crisis". *Journal of Population Ageing*, 13, 41-62.

Spijker, J.; **Zueras, P.** (2018). "Desigualdades socioeconómicas en salud en la población catalana mayor de 50 años durante la última crisis económica (Socioeconomic health inequalities in the Catalan population aged 50+ during the last economic crisis)". *Revista Española de Salud Pública*, 92 (28 de noviembre): e1-e14.

Miret, P.; **Zueras, P.** (2018) "Protección pública frente a la crisis: el caso de los varones de 51-64 años en España, 1976-2016 (State protection against the crisis: the case of men aged 51 to 64 in Spain, 1976-2016)", *Revista Internacional de Sociología*, 76(2).

Zueras, P.; Spijker, J.; Blanes, A. (2018) "Evolución del perfil de los cuidadores de personas de 65 y más años con discapacidad en la persistencia de un modelo de cuidado familiar (The changing profile of caregivers of persons aged 65 years and over with disabilities within a persisting family care model)", *Revista Española de Geriatría y Gerontología*, 53(2): 66-72.

Zueras, P.; Ajenjo, M. (2017) "Institutionalised elderly people in Catalonia: How many are they and how are they?", *Catalan Social Science Review*, 7, 46-64.

Zueras, P.; Ajenjo, M. (2016) "Persones grans institucionalitzades a Catalunya: Quants són i com són? (Institutionalised elderly people in Catalonia: How many are they and how are they?)", *Revista Catalana de Sociologia*, 31(2): 5-23.

Zueras, P.; Cámara, A. D.; Blanes, A.; Trias-Llimós, S. (2015) "Desigualdad social y niveles de discapacidad entre los mayores españoles (Social inequality and disability levels among the Spanish elderly)". *Encrucijadas*, Vol.10 "Salud, diversidad funcional y dependencia".

Míret, P.; **Zueras, P.** (2015) "Bienestar y patrones residenciales de la población mayor cuando no convive en pareja: Europa occidental, 2004-2011 (Wellbeing and living arrangements of ageing population with no coresident partner: Western Europe, 2004-2011)" *Revista Internacional de Sociología*, Vol. 73(3).

Cámara, A. D.; **Zueras, P.**; Blanes, A.; Trias-Llimós, S. (2015) "Cohort and socioeconomic components of disability among older Spaniards". *Revista Española de Investigaciones Sociológicas*, 151: 23-44.

Zueras, P. (2014) "Disentangling age and cohort effects in coresidence with adult children among the elderly in Catalonia". *Revista Estadística Española*. 56 - 184, pp. 227 - 258.

Zueras, P.; Míret, P. (2013) "Elderly Who Live Alone: An Overview Based on the 1991 and 2001 Censuses". *Revista Española de Investigaciones Sociológicas*. 144, pp. 139 - 152.

Zueras, P.; Ajenjo, M. (2010) "Modelos de convivencia de las personas mayores en Cataluña. Impacto del deterioro de la salud en la independencia residencial (Living arrangements of elderly adults in Catalonia (Spain). The impact of health deterioration on residential independence)". *Revista Española de Geriatria y Gerontología*; 45 (05): 259-266.

OTHER PEER-REVIEWED ARTICLES

Lozano, M; Renteria, E; Vidal-Coso, E; **Zueras, P.** (2018) "Demografia. Situació actual i escenaris de futur (Demography. Current situation and future scenarios)", *Nota d'Economia (Potencialitats de l'economia catalana)*, 104: 91-105.

Devolder, D.; Spijker, J.; **Zueras, P.** (2018) "Redes de parentesco y futuro de los cuidadores de las personas mayores (Kinship networks and the future of old people caregivers)". *Panorama Social*, 28: 75-91.

Míret, P.; **Zueras, P.** (2017) "Alarma en el sistema público de pensiones: ¿culpa de la demografía? (Alarm in the Public Pension System: Is demography to blame?)", *Revista del Ministerio de Empleo y de Seguridad Social* ("Economía y Sociología"), 131: 115-140.

Spijker, J.; **Zueras, P.** (2016) "El cuidado a los mayores en un contexto de envejecimiento y cambio social, político y económico (Elder care in a context of aging and social, political and economic change)", *Panorama Social*, 23: 167-182.

Míret, P.; **Zueras, P.** (2016) "Breakdown in the Public Pension System: Not in the Name of Demography!", *Perspectives Demogràfiques*, 4: 1-4.

BOOKS AND BOOK CHAPTERS

Míret, P.; **Zueras, P.** (2018) "¿Choque de generaciones? Envejecimiento y sistema de pensiones (Clash of generations? Aging and pension system)" in Domingo, A (ed.) *Demografía y Postverdad*; Barcelona: Icaria, 220 pp.

Zueras, P.; Cámara, A. D.; Blanes, A.; Ajenjo, M. (2013) "Ageing Outside: An Integrative Approach to the Daily Mobility of the Elderly in Spain". In Jean Baptiste Giroux and Charlotte Vallee, *Activities of Daily Living: Performance, Impact on Life Quality and Assistance*. pp. 25 - 54. New York: Nova Science Publishers.

Devolder, D.; Bueno, X.; Gumà, J.; Treviño, R.; **Zueras, P.** (2010) *Fertility analysis from the Demographic survey of Catalonia 2007*. Barcelona: Generalitat de Catalunya, Institut d'Estadística de Catalunya; Quaderns d'Estadística 4; 192 pp. ISBN 978-84-393-8692-6

MANUSCRIPTS AND WORKING PAPERS

Zueras, P.; Rutigliano, R.; Trias-Llimós, S. (Under review) "Marital status, living arrangements, and mortality in middle and older age in Europe".

Devolder, D.; Spijker, J.; **Zueras, P.** (Under review) "The changing balance between formal and informal old-age care in Spain. Results from a mixed microsimulation-agent-based model".

Calduch, N; Spijker, J; **Zueras, P**; Giménez, A; Griera, O; Miguel-Quesada, F; Devolder, D (2017) “Application of the overview, design, concepts and details (ODD) protocol to describe the DEMOCARE agent base model”, *Papers de Demografia*, 456, Working Paper.

CONFERENCE AND SEMINAR CONTRIBUTIONS

- Sep 2019 **XII Congreso de la Asociación de Demografía Histórica**. Porto.
Paper co-authored with Spijker and Devolder: “Redes de parentesco y futuro de los cuidadores de las personas mayores”.
- Jul 2019 **British Society of Gerontology**. Liverpool.
Paper co-authored with Rutigliano and Trias-Llimós: “Partnership status, living arrangements and mortality in Europe”
Poster co-authored with Devolder and Spijker: “DEMOCARE: a mixed microsimulation and agent-based model. The impact of demographic change on the balance between formal and informal old-age care in Spain”.
- May 2019 **31st REVES meeting**. Barcelona.
Poster co-authored with Rutigliano and Trias-Llimós: “Partnership status, living arrangements and mortality: Insights from middle and older age population living in Europe by gender and welfare System”
- Apr 2019 **Population Association of America Annual Meeting**. Austin.
Presentation co-authored with Rutigliano and Trias-Llimós: “The Benefits of Family Ties in Survival in Different Welfare Systems in Europe”
- Nov 2018 **Dutch Demography Day**. Utrecht.
Paper co-authored with Sergi Trias-Llimós: “Partnership differences in mortality by gender across welfare systems in Europe”
- Jul 2018 **British Society of Gerontology**. Manchester.
Paper co-authored with Sergi Trias-Llimós: “Family and household composition and mortality risks among European old men and women”
Paper co-authored with Jeroen Spijker: “Old-age care provision in Spain in the interplay between a new system of long-term care and a lingering economic crisis”
Paper co-authored with Jeroen Spijker: “Demographic analysis of socioeconomic health inequalities in Catalonia in the context of the recent economic crisis”
- Jun 2018 **European Population Conference**. Brussels.
Paper co-authored with Nuria Calduch, Daniel Devolder and Jeroen Spijker: “Will Future Elderly Have Any Relative Available to Care for Them? a Study Based on a Mixed Micro-Simulation/ABM Model”
Paper co-authored with Antía Domínguez Rodríguez, Pilar Zueras and Pau Miret-Gamundi: “Gender Differences in Retirement Age in Spain: Education and Working Trajectories”
- Nov 2017 **Seminar “Nuevas formas de convivencia. Los hogares unipersonales”**. Univ Jaén. Jaén.
Invited talk “De mayor quiero vivir en mi casa: ‘Mientras me pueda menear no me voy, estoy solo’”.
- Oct 2017 **International Union for the Scientific Study of Population**. Cape Town.
Paper co-authored with Spijker, Calduch and Devolder: “The changing balance between formal and informal old-age care in Spain: an agent-based model”
- May 2017 **22 Jornadas de actualización en Psicogeriatría**, Barcelona.
Invited talk “El envejecimiento de las poblaciones y el envejecimiento de las personas”
- April 2017 **Population Association of America Annual Meeting**, Chicago.
Paper co-authored with Spijker: “The Effect of an Economic Boom, a Law on Dependency, and an Economic Bust on Elderly Care Providing Strategies in Spain”
- April 2017 **VII Congrés Català de Sociologia**, Tarragona.
Paper co-authored with Miret and Renteria: “Igualtat de gènere i fecunditat”.
- Dec 2016 **Joves, canvi social i ruptura generacional**, Barcelona.
Paper co-authored with Miret: “Ruptura generacional en los patrones de género en relación con la actividad laboral”
- Aug 2016 **European Population Conference**, Mainz.
Paper co-authored with Spijker: “The effect of an economic boom, a Law on Dependence, and an economic bust on elderly care providing strategies in Spain”
Paper co-authored with Domínguez and Miret: “Retirement from the labour market: current European gender patterns and trends”

- Paper co-authored with Miret and Domínguez: "Demographic factors involving non-working years in European adulthood"
- June 2016 **XII Congreso español de Sociología**, Gijón.
 Paper co-authored with Spijker and Gumà: "Diferencias generacionales en el efecto de la crisis económica sobre la relación entre el nivel socioeconómico y la salud en España"
 Paper co-authored with Spijker: "El cuidado a los mayores en un contexto de envejecimiento y cambio social, político y económico"
 Paper co-authored with Miret: "Protección pública frente a la crisis: el caso de los varones de 51-64 años en España, 1976-2015"
- June 2016 **XV Congreso de Población Española**, Fuerteventura.
 Paper co-authored with Miret and Domínguez: "Abandonar el mundo laboral a través de la jubilación, España, 2006 y 2012"
 Paper co-authored with Miret and Domínguez: "Inserción juvenil y abandono por jubilación del Mercado laboral en España, 2004-14"
 Paper co-authored with Miret and Domínguez: "Dar y recibir: Días de cotización o desempleo versus meses en pensión. España, 2004-14"
- Nov 2015 **Seminario "Los cuidados informales en el entorno familiar y social de las personas mayores. Oportunidades y retos"**. IMSERSO, Madrid.
 Invited paper co-authored with Blanes and Spijker: "Perfiles sociales y demográficos de los grupos y generaciones de cuidadores"
- Oct 2015 **4th International Workshop on the Socio-economics of Ageing**, Lisbon.
 Paper co-authored with Spijker: "The changing profile of caregivers of elderly in Spain since 1999"
- Sept 2015 **VIII Congreso Migraciones Internacionales en España**, Granada.
 Paper co-authored with Miret: "Competencias según terreno de juego: nivel de lectura y matemáticas de la población nativa versus la inmigrante, una fotografía tomada en 2012 en países de la OCDE"
- Aug 2015 **12th Conference of the European Sociological Association**, Prague.
 Paper co-authored with Miret Gamundi: "The impact of the crisis on the Spanish labour market: an effect of the age, gender, generation or personal characteristics?"
 Paper co-authored with Miret Gamundi: "Ageing in the Spanish Labour Market: late entrance and early retirement"
- Sept 2014 **XIV Congreso Nacional de la Población**, Sevilla.
 Paper co-authored with Miret Gamundi: "Pautas de convivencia de la población mayor de 55 años según su relación con la actividad"
- Jun 2014 **European Population Conference**, Budapest.
 Paper co-authored with Miret Gamundi: "Living arrangements of non-partnered pensioners in Europe: alone or with others?"
- May 2014 **26th REVES Conference**, Edinburgh.
 Poster co-authored with Cabré and Cámara: "Health and ways of living among the elderly" (2nd place Poster Award)
- Dec 2013 **1st Southern European Conference on Survey Methodology**, Barcelona.
 Paper co-authored with Cámara, Trias and Blanes "De la estadística sanitaria al prisma social. Aplicaciones de las encuestas de salud en el estudio de la diversidad poblacional"
- July 2013 **XI Congreso Español de Sociología**, Madrid.
 Paper co-authored with Miret Gamundi: "Patrones de residencia entre la población mayor que no convive en pareja: Europa Occidental: 2004-2011."
- June 2013 **7th International Conference on Population Geographies**, Groningen.
 Paper co-authored with Cámara and Trias: "Potential Burden of Cohort Exposure (PBCE). Implications for the analysis and interpretation of (healthy) aging"
- June 2013 **X Congreso Asociación Demografía Histórica**, Albacete.
 Paper co-authored with Cámara, Trias and Blanes: "Maneras de vivir, ¿maneras de envejecer?. Salud generacional en la España del siglo XX "
- April 2013 **VI Congrés Català/Internacional de Sociologia**. Perpignan.
 Paper: "Està passada de moda la coresidència intergeneracional? Estimant els efectes de generació de la convivència amb fills entre les persones grans"
 Paper co-authored with Ajenjo: "Persones grans institucionalitzades: Quants són i com són?"
- June 2012 **European Population Conference**, Stockholm.

- Poster: "Age and Cohort effects in parent-child coresidence among elderly adults in Catalonia (Spain)."
 June 2011 **Seminar on Uses of census data in Europe in a comparative perspective.** Bellaterra.
 Paper "Multigenerational co-residence in old age in Catalonia: between solidarity and tradition"
 Oct 2010 **XVII Jornadas de Estadística de las Comunidades Autónomas.** Cáceres.
 Paper co-authored with Devolder, Farré, Gumà and Pérez: "Fecundidad e infecundidad en Cataluña. Evidencia a partir de la Encuesta Demográfica 2007."
 Sept 2010 **European Population Conference.** Viena.
 Poster co-authored with Ajenjo: "Living arrangements of elderly adults in Catalonia. Determinants of residential dependency".
- July 2010 **X Congreso Español de Sociología.** Pamplona.
 Paper "Modelos de convivencia de las personas mayores en Cataluña".
 June 2010 **IX Congreso de Demografía Histórica.** Azores.
 Paper co-authored with Ortiz: "Modelos de convivencia en la transición a la vejez en España y Cataluña a finales del siglo XX. El caso de las generaciones 1911-1940".

TEACHING

- 2012/13 "Demography", BA in Social and Cultural Anthropology. Geography Department (UAB)
- 2015-18 "Ageing and Socioeconomic change" (lecture), MA Máster en Atención Integral y Centrada en la Persona (AICP) en ámbitos de Envejecimiento y Discapacidad. Universitat de Vic-Universitat Central de Catalunya, and Universidad de Deusto.
- 2018/19 "Under the sign of aging: population structure" (lecture), MA Metropolis in Urban and Metropolitan Studies. Institute of Regional and Metropolitan Studies of Barcelona - UAB.